



October



SU	MON	TUES	WED	THU	FRI	SAT
Fun Facts 1- Veg Day 6- Noodle Day 8- Pierogi Day 13- NO SCHOOL			1 Fish Sticks & Fries & Apple Sauce	2 Grilled Cheese & Tomato Soup, w/ fruit, veg	3 Cheese Pizza w/ Pepperoni, carrot, celery, Mixed Fruit	
20- Picture Day 21- Apple Day 27- Potato Day 28- Chocolate Day	6 Chicken Noodle Soup Day, fruit & veg	7 Nacho w/ meat & cheese & yellow rice, & fruit & veg	8 Pierogi Day w/ sour cream, & fruit, veg	9 Chicken Sandwich w/ Tots & Carrots & Clementines	10 Cheese Pizza, cucumbers, & Mixed Fruit	
	13 NO SCHOOL	14 Chicken Nuggets w/ Fries & Cucumbers, Apples	15 Breakfast For Lunch Scrambled Eggs, Sausage, Home Fries, & Strawberries	16 Pasta w/ Meat Sauce & Garlic Bread w Apple Sauce, veg	17 Cheese Pizza out of Tortillas, veg, & mixed fruit	Krystle Nieves Cafeteria Coordinator knieves@saintmarys.academy
	20 Meatloaf w/ Mashed Potatoes & Corn & Fruit	21 Chicken Quesadilla w/ rice & Apple	22 Sloppy Joes, Broccoli, Mixed Fruit	23 Chicken Wrap & Fries & Cucumbers & Mixed Fruit	24 Cheese Pizza, cucumbers, & mixed fruit	
	27 Ch/Hamburgers & French Fries & Beans & Strawberries	28 Homemade Mac & Cheese with Celery & Strawberries Spooky Pudding Dessert	29 Pop Corn Chicken, Mashed Potatoes, corn, clementines	30 Taco Salad w/ Tostitos, w fruit & veg	31 Cheese Pizza, garden Salad, & Watermelon	Lunch \$4.50 with Milk